# INSTRUCTIONS POST-MAJORITY SUPPORT SERVICES FUNDING 83-186IE

This funding request intends to support First Nations, First Nations Child and Family Services (FNCFS) providers (which includes delegated and partially delegated FNCFS agencies and provincial/territorial service providers), and First Nations authorized service providers in the request of funds for the development and delivery of post-majority support services to First Nations youth in care approaching the age of majority, and young adults formerly in care.

#### **Background**

Post-majority support services support youth aging out of care and young adults formerly in care across all provinces and in the Yukon, from the age of majority up to and including the age of 25. Post-majority support services aim to support the safety and well-being of First Nations youth and young adults in an approach that is culturally appropriate, in their self-identified best interest, and provided on the basis of substantive equality.

The goal of post-majority support services is to provide voluntary wrap-around support that meets the distinct needs, and promotes holistic positive outcomes for thriving First Nations youth and young adults. Supports could include assistance with housing, food, employment and financial security, mental health, wellness, addiction supports, and healthy relationships.

The request form is based on the distinct costs of direct, and indirect post majority support services post majority support services . For examples, please see the table below.

### The FNCFS post-majority support services request:

- Is a communication tool for the requestor, to assist in establishing a common understanding of the purpose, goals and strategy with communities, partners, governments and other affiliated organizations;
- Aims to support the First Nation and FNCFS provider in developing a strategic approach to achieving long-term planned results as they relate to post-majority support services;
- Builds upon the collaboration between First Nations, FNCFS providers, and First Nations authorized service providers;
- Supports the delivery of wrap around services that meet distinct needs, and promotes holistic outcomes for thriving First Nations youth and young adults, and;
- Provides insight needed by Indigenous Services Canada (ISC) to effectively support First Nations, FNCFS providers, and First Nations authorized service providers.

ISC will use the information included in the post-majority support services request to help ensure that First Nations and FNCFS providers have the necessary resources and support to meet the needs of First Nations youth in care approaching the age of majority, and young adults formerly in care.

Post-majority support - Direct services						
Direct Services	Purpose	Population	Examples (not limited to)			
Learning, Educational & Professional Development Opportunities	Activities, services and costs that ensure young people have opportunities to learn and grow in ways that are meaningful to them, their goals and life plan.			<ul> <li>Education mentorship and support</li> <li>Education-related costs</li> <li>Specialized supports: tutoring, career counselling</li> <li>Cultural learning: regalia, resources, opportunities</li> <li>Financial support for training/certifications</li> </ul>		
Financial Support & Safe, Stable, Comfortable Housing	Activities, services and costs that ensure young people have the financial resources to meet their needs. To have their basic needs met in a secure and consistent way.		<ul> <li>Housing assistance, Rent and rent subsidies</li> <li>Needs based financial support</li> <li>Livable basic income, Financial planning</li> <li>Housing stability</li> <li>Basic household necessities</li> <li>Life/home skills including home supports</li> <li>Clothing, personal care and hygiene</li> </ul>			
Physical, Mental & Social Wellbeing	Activities, services and costs that ensure young people have timely ongoing services that support their health and wellbeing.	First Nations youth transitioning from care  First Nations young adults formerly in care	<ul> <li>Non-insured medical, dental and health services prescribed by relevant professional</li> <li>Sexual and gender identity health supports</li> <li>Recreation and sport</li> <li>Counselling</li> <li>Trauma informed mental health and addictions support options</li> <li>Intensive treatment</li> <li>Early intervention and parenting supports</li> <li>Nutrition training and mentorship</li> <li>Access to physical activity supports</li> <li>Rehabilitative supports</li> <li>Self-care and wellbeing supports</li> </ul>			
Re-connection with Land, Culture, Language & Community	Activities, services and costs that ensure young people are connected to their culture and communities in ways that are safe, meaningful to them, and at their own pace.		<ul> <li>Re-connection with family, community, culture</li> <li>Family mediation and counselling, Safe reintegration into community of origin, visits</li> <li>Cultural programs, ceremony, Land based wellness</li> <li>Language, identity, courses, workshops, resources</li> <li>Support and guidance from Indigenous Elders and Knowledge Keepers, traditional knowledge</li> <li>Cultural youth groups and peer supports</li> </ul>			

Post-majority support - Indirect services							
Indirect services	Purpose	Population	Examples (not limited to)				
Operations:  Activities or costs related to operational activities.	<ul> <li>Costs that are not readily identified for the project function or activity, but are necessary for the general operation of the conduct of postmajority support service activities</li> <li>Costs that go toward the operations or overhead expenses of supporting postmajority support services, such as salaries, utilities, program expenditures</li> <li>Related costs that do not directly go to supporting the young person</li> </ul>	First Nation FNCFS Provider Organization Employee	<ul> <li>Employee Salaries</li> <li>Office Rental</li> <li>Office utilities</li> <li>Insurance</li> <li>Office supplies</li> <li>Interpretation Services</li> <li>Travel for Board Meetings</li> <li>Recruitment</li> <li>Transportation for Staff (mileage, etc.)</li> </ul>				

Additional documentation may be required to include when requesting funding. Supporting documentation could outline:

- the financial details (needs or costs incurred) to support the proposed activities;
- the administrative costs to deliver the services; and
- the linkages to the FNCFS program terms and conditions:
  - o community or needs assessment in relation to post-majority support services, and;
  - o proposed activities to address the needs and the planned results.

Examples of supporting documentation could include: funding proposal, community plan, need assessment, community priorities, job descriptions, payroll documents, copy of comparable provincial wages and benefits, organization chart, cash flow of budget forecast, salary grids, invoices, travel receipts and policies, quotes, general ledgers details or any other documents as requested.

Should a requestor require support in the development of their post-majority support services request, please contact your ISC Regional office for additional support Regional offices (sac-isc.gc.ca).

For additional information, please consult the *Post-Majority Support Services Toolkit*, and the ISC website: https://www.sac-isc.gc.ca/eng/1650377737799/1650377806807.

### **Example of request**

**Priority** – Goals and objective for the year, as they relate to post-majority support services

**Key activity** – Description of the activities to achieve the priorities

**Resources** – List of resources requested to help complete the activity. Specify the budget requirement for each of the planned activities. Also describe the other resources – staff, facilities, etc. – that will be involved in delivering the activity. If there are resources other than those that are FNCFS-funded that will be used, highlight those as well.

### Anticipated and/or planned results - The objectives to be met

Priority	Key activities	Resources	Planned results
Promote housing, food,	Development and	Consultation (program	75% of eligible youth
and financial security of	implementation of life	readiness): \$10,000	under Post-majority
youth and young adults	skills programming with	- youth	support services within
_	concrete examples which	- community	community X will have
	apply to everyday	<ul> <li>financial planners</li> </ul>	increased financial
Many of the youth within	situations faced by youth	<ul> <li>Includes cost of</li> </ul>	knowledge including
	in community X.	facilities, food	budgeting knowledge,
aged out of care, and who			reducing their risks of
		Staffing needs: \$225,000	homelessness,
		Includes: 3 full time staff,	increasing food security
J J		salary & benefits	
•	mentorship supports		50% of eligible youth
financial insecurities.		Staff Travel: \$20,000	under Post-majority
	Development &		support services within
1	implementation of a larger	Program Costs: \$15,000	community X will have
J	life skills mentorship		knowledge of services
		Direct Supports to youth:	available within the Post-
Ages 16-17: 5		\$15,000, includes regalia,	majority support
Ages 18+ (who have aged		travel costs for ceremony	services program,
out of care): 8		and program attendance,	reducing youth
		food costs	homelessness within the
			community

## Example of budget for post-majority support services

In addition to the examples provided in the charts above, please consult the <u>transitional terms and conditions</u> of the FNCFS Program and the list of eligible activities and expenditures contained therein.

Direct service costs (based on support to approx. 20 youth)	Amount (\$)
Learning, educational & professional development opportunities	
Regalia	\$5,000
Financial support & safe, stable, comfortable housing	
Food costs	\$5,000
Hygiene items	\$5,000
Physical, mental & social wellbeing	
Recreation supports	\$5,000
Re-connect with land, culture, language & community	
Travel to ceremony and program attendance	\$5,000
Subtotal:	\$25,000
Indirect service costs	Amount (\$)
Consultation	\$10,000
Staffing	\$225,000
Staff Travel	\$20,000
Program Delivery Costs (including supplies)	\$15,000
Subtotal:	\$270,000
Total:	\$295,000