

Indian Residential Schools

Resolution Health Support Program

For immediate emotional support, 24 hours a day, 7 days a week, contact:

National Indian Residential School Crisis Line

Toll-free: 1-866-925-4419

The Hope for Wellness Help Line

Toll-free: 1-855-242-3310

Online Chat: www.hopeforwellness.ca

Missing and Murdered Indigenous Women and Girls Crisis Line

Toll-free: 1-844-413-6649

If you attended a residential school, you and your family may be eligible to receive health support services, such as:

Cultural Support

Elders, Knowledge Holders, and Traditional Healers for traditional healing, ceremonies or teachings

Emotional Support

Resolution Health Support Workers to listen, talk and provide support

Professional Counselling

A Psychologist or Social Worker for individual or family counselling

Transportation

Assistance with transportation may be offered when professional counselling and cultural support services are not locally available



Indigenous Services
Canada

Services aux
Autochtones Canada

Canada

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To access health support services and for more information, please call the toll-free line for your province/territory:

Nova Scotia, New Brunswick, PEI, Newfoundland and Labrador - **1-866-414-8111**

Quebec - **1-877-583-2965**

Ontario - **1-888-301-6426**

Manitoba - **1-866-818-3505**

Saskatchewan - **1-866-250-1529**

Alberta - **1-888-495-6588**

British Columbia (First Nations Health Authority) - **1-877-477-0775**

Northwest Territories, Yukon, Nunavut - **1-800-464-8106**

www.isc-sac.gc.ca



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