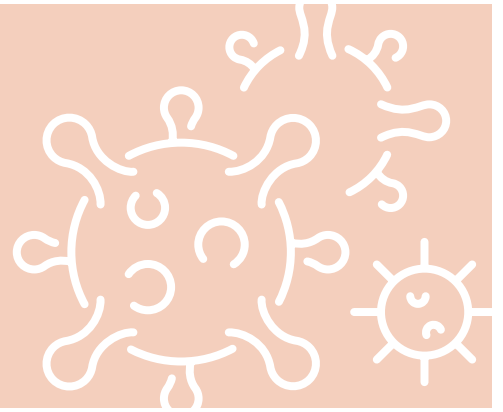


Risks of COVID-19 Variants

As new COVID-19 variants continue to emerge, it's important to know more about the virus, its variants and how vaccines work against them.



About the variants

- Viruses mutate and change, causing new variants to emerge
- COVID-19 spreads very quickly, especially some of its variants
- Some variants are more mild than others, but hospitalizations and deaths can still occur. The severity of illness depends on:
 - Age
 - Any underlying medical conditions
 - If you've had a prior infection
 - Your COVID-19 vaccination status

To find out more, visit Canada.ca/coronavirus-info-indigenous.

Remember: A virus's job is to spread. Not to treat people kindly.



Quick fact

- COVID-19 does not have to be severe to take a toll. Even mild symptoms have an impact on communities, businesses and health systems.



About the vaccines

- Vaccines are very effective in protecting you from severe COVID-19, hospitalization and death.
- You are less likely to develop severe COVID-19 if you have up-to-date vaccinations, including a booster shot if you are eligible.

How you can do your part:

- Get vaccinated
- Stay at home when sick
- Wear a mask
- Practice physical distancing
- Wash or sanitize your hands



To find out more about your COVID-19 guidance in your province or territory, including how to book your vaccine, visit: canada.ca/covid-vaccines-indigenous

